



Amano Christian School

Policy on Bullying

Student's Edition

'For the Lord gives wisdom, from His mouth come knowledge and understanding.' Proverbs 2 v 6

Policy on Bullying

All people are created in the image of God (Genesis 1 v 27) so deserve respect from each other. Bullying is showing disrespect by frequently using actions or words that are intended to hurt others. This behaviour will not be tolerated at Amano Christian School. Anyone found behaving in this way will be punished.

A. What is bullying?

Frequently using actions or words which are intended to hurt someone else.

1. It may be physical:

- Hitting
- Kicking
- Punching
- Biting
- Pinching
- Deliberately taking someone else's possessions

2. It may be with words, to tease about someone's:

- Shape
- Colour
- Looks
- Intelligence skills
- Nationality
- Family
- Place where they live

B. How do bullies act?

1. Bullies often use words to scare by shouting or threatening.
2. Bullies exclude people and often encourage others to do the same. They may:
 - Leave people out of games
 - Refuse to share a book or seat
 - Refuse to clear a plate or lend a pencil
 - Deliberately ignore someone else who is bullying
3. Bullies act in groups or alone.
4. They often get others to do their bullying for them because they have the ideas but don't want to get caught.

C. What do bullies look like?

Bullies are not always obvious, sometimes they appear to be popular. They always like having power over people. They are:

- All shapes and sizes
- All ages
- Boys and girls
- Men and women

D. What do I do if I see someone being bullied?

You know bullying is wrong

- Support him or her if possible
- Help anyone in trouble (not only your friends)

How do I support them?

- Get adult help
- Be kind to the person
- Tell the bully they are a bully
- Don't encourage the bully

- Don't ignore them

If you watch someone being bullied and do nothing, that is nearly the same as doing the bullying yourself.

E. Why do bullies bully?

- They like the feeling of power
- They are spoiled at home
- They feel insecure or inadequate
- They have been bullied or abused themselves
- They are unhappy at home
- They are under pressure to succeed at all costs
- They feel left out by others

F. What should I do if I am bullied?

Tell someone you trust:

- A friend
- An older student
- Any staff member
- Your parents

G. What will the school do if I am bullied?

- The school will support you. We will try and stop the bullying by talking to you and the bully.
- If necessary your parents/guardians and the bully's parents/guardians will be asked to meet with the Headteacher and discuss the problem.
- Be sure the school will listen and take appropriate action to all concerns about bullying.

- If the bullying does not stop after all efforts have been made to stop it, the bully may be suspended or, if necessary, expelled.